

MANASSAS DISTRICT NEWS

Manassas District #33 | P.O. Box 1161 | Manassas, VA 20108-1705

District Officers

DCM: Roger F

ADCM: Chas H.

Treasurer: Makenzie L.

Secretary: Jamie G.

Intergroup: Makenzie L.

Website: Craig

Committee Chairs

Archives: John J/Sara J

CPC/PI: Endira S.

Corrections (Male): Cameron F.

Corrections: (Female): Jenn P.

Literature/GV: OPEN

Newsletter: Sean G.

Treatment Centers: Chas H.

Events/Workshops: Chas H.

Growth: Tami V.

District Meetings

Second Tuesday of the month

Bethel Lutheran Church

7pm

All Are Welcome!

A Spiritual Axiom

Then comes the acid test; can we stay sober, keep in emotional balance, and live to good purpose under all conditions? ... there is another kind of hangover which we all experience whether we are drinking or not. That is the emotional hangover, the direct result of yesterday's and sometimes today's excesses of negative emotion-anger, fear, jealousy and the like. If we would live serenely today and tomorrow, we certainly need to eliminate these hangovers. This doesn't mean we need to wander morbidly around in the past. It requires an admission and correction of errors *now*....

Before we ask what a spot-check inventory is, let's look at the kind of setting in which such an inventory can do its work.

It is a spiritual axiom that every time we are disturbed, no matter what the cause, there is something wrong *with us*. If somebody hurts us and we are sore, we are in the wrong also. But are there no exceptions to this rule? What about "justifiable" anger? If somebody cheats us, aren't we entitled to be mad? Can't we be properly angry with self-righteous folk? For us A. A. these are dangerous exceptions. We have found that justified anger ought to be left to those better qualified to handle it.

Twelve steps & twelve traditions (1993). Alcoholics Anonymous World Services. , p. 89-90



Mackenzie L.	8 years
Rick H.	41 years
Kirk L.	11 years
Teah	3 years
Priscilla C.	36 years
David W.	11 years
Bart	37 years
Rich	4 years



"We Are Self-Supporting..."

If you would like to contribute to Manassas District #33, you can do so via PayPal or Zelle using the QR Codes here.



Thank you!



October is the 10th Month!

Step 10 "Continued to take personal inventory and when we were wrong promptly admitted it"

Tradition 10 "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

Concept 10 for World Service: "Each service responsibility should be matched by an equal service authority, with the scope of such authority well defined."

Upcoming Events & Announcements!

Solve the AA Problem Workshop	10/25 10am to 1pm	9301 Richmond Hwy Lorton, VA, 22079	Group round table discussion presented by Districts 11 & 28
"Surrender Dorothy"	10/11 7pm to 9pm	281 E. Market St. Harrisonburg, VA, 22801	A recovery play, presented by Districts 22 & 47
New GSR Training	From 7pm to 8pm	Zoom Meeting ID: 895 1643 9739 Password: Service459	Occurs every 3rd Tuesday of every month
Annual Picnic	10/18 noon to 5pm	499 Stover Ave. Strasburg, VA 22657	Food, Games, Family fun and a speaker
A Season of Change	10-24 to 10/25	1702 John Tucker Rd. Aroda, VA 22709	AA Women's Overnight Retreat, sponsored by District 39
BINGO Night	10/25 6pm to 8pm	23 South 3rd St. Warrenton, VA 20186	Bingo night, hosted by District 35
74th Anniversary Dinner	11/1 doors open 5pm	8712 Plantation Ln. Manassas, VA 20110	Bring a side dish to share, speaker TBD.

See aavirginia.org and nvintergroup.org for more information and detail.

12th Step Opportunities

"Freely ye have received; freely give..." is the core of this part of Step Twelve."

Workshops needs people HELP. To find out more, contact Anna by email at annabactivities@gmail.com

Gainesville Women's Big Book meeting Meets at 7:30pm on Tuesdays in Greenwich Church, and needs a chairperson. Come on out to the meeting and volunteer.

Thursday Night's Speakers Meeting needs YOU to be a speaker. If you have 1 year of sobriety, come on out and let us know "what it was like, what happened and what it is like now." Contact Rick S. @ 703.975.0714 to sign up.

Mail Contributions To:

General Service Office

PO Box 2407
James A Farley Station
New York, NY, 10116-2407
www.aa.org

Northern Virginia Intergroup

10400 Eaton Place #140
Fairfax, VA 22030-2225
www.nvintergroup.org

Virginia Area Committee

VAC Treasurer
PO Box 7
Palmyra, VA 22963
www.aavirginia.org

Manassas District #33

PO Box 1161
Manassas, VA 20108-1705
www.aamanassas.org

WE NEED CONTENT!

This newsletter is published monthly. Please send items you wish to publish to

district33.newsletter@gmail.com

Help with Meetings?

For up-to-date meeting information, download the "Meeting Guide" app!

