MANASSAS DISTRICT NEWS

Manassas District #33 | P.O. Box 1161 | Manassas, VA 20108-1705

District Officers

DCM: Tami V

ADCM: Sarah D.

Treasurer: Makenzie L.

Secretary: Jamie G.

Intergroup: Makenzie L.

Website: Craig/Priya

Committee Chairs

Archives: John J/Sara J

CPC/PI: OPEN.

Corrections (Male): Cameron

Corrections: (Female): Jenn P.

Literature/GV: Zach B.

Newsletter: Sean G.

Treatment Centers: Trey E.

Events/Workshops: David R

Growth: Candace W.

District Meetings

Second Tuesday of the month

Bethel Lutheran Church

7pm

All Are Welcome!

It is a spiritual axiom that every time we are disturbed, no matter what the cause, there is something wrong with us.

- TWELVE STEPS AND TWELVE TRADITIONS, p. 90

I never truly understood the Tenth Step's spiritual axiom until I had the following experience. I was sitting in my bedroom, reading into the wee hours, when suddenly I heard my dogs barking in the back yard. My neighbors frown on this kind of disturbance so, with mixed feelings of anger and shame, as well as fear of my neighbors' disapproval, I immediately called in my dogs. Several weeks later the exact situation repeated itself but this time, because I was feeling more at peace with myself. I was able to accept the

myself, I was able to accept the situation—dogs will bark—and I calmly called in the dogs. Both incidents taught me that when a person experiences nearly identical events and reacts two different ways, then it is not the event which is of prime importance, but the person's spiritual condition. Feelings come from inside, not from outward circumstances. When my spiritual condition is positive, I react positively.

From the book Daily Reflections Copyright © 1990 by Alcoholics Anonymous World Services, Inc.

Mackenzie L.	7 years	
Rick H.	40 years	
Kirk L.	10 years	
Teah	2 years	
Priscilla C.	35 years	
David W.	10 years	
Bart	36 years	
Rich	3 years	



"We Are Self-Supporting..."

If you would like to contribute to Manassas District #33, you can do so via PayPal or Zelle using the QR Codes here.

Thank you!





Manassas District #33

Upcoming Events!

District 4's Fall Workshop (Ask it Basket)	Sat 10/5, from 9am to noon	201 E. Frederick Dr. Sterling, VA 20164	Breakfast provided (Bring a question!)
New GSR Training	Tues, 10/15 from 7pm to 8pm	Zoom Meeting ID: 895 1643 9739 Password: Service459	Occurs every 3rd Tuesday of every month
Chili Cook-off, Speaker Meeting & Dance (Costume Contest!)	Sat 10/16 Doors open 6pm	2723 King St. Alexandria, VA 22302	Bring your favorite chili and cornbread
District 33 73rd Anniversary Dinner	Sat 11/2 Doors open at 5pm	Bethel Lutheran 8712 Plantation Ln Manassas, VA, 20110	Bring a dish to share!
89 Years Later - A History Workshop	Sat 11/9 from 8am to 1pm	Bethel Lutheran 8712 Plantation Ln Manassas, VA, 20110	Bring a dish to share!

See <u>aavirginia.org</u> and <u>nvintergroup.org</u> for more information and detail.

12th Step Opportunities

District Officer positions, DCM, ADCM, Treasurer, and Secretary are rotating out at the end of this year. Consider serving! Email DCM33@aavirginia.org for details.

The Monday Night "Beginner's Meeting" at Bethel United is looking for a new Chairperson!

Woodbridge Mainspring Rehab needs speakers! Reach out to <u>district28treatment@gmail.com</u> for details.

October is the 10th Month!

Step 10 "Continued to take personal inventory and when we were wrong promptly admitted it."

Tradition 10 "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

Concept 10 for World Service "Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined"

Mail Contributions To:

General Service Office

PO Box 2407 James A Farley Station New York, NY, 10116-2407 www.aa.org

Northern Virginia Intergroup

10400 Eaton Place #140 Fairfax, VA 22030-2225 www.nvintergroup.org

Virginia Area Committee

VAC Treasurer PO Box 1130 Locust Grove, VA 22508 www.aavirginia.org

Manassas District #33

PO Box 1161 Manassas, VA 20108-1705 www.aamanassas.org

WE NEED CONTENT!

This newsletter is published monthly. Please send items you wish to publish to

district33.newsletter@gmail.com

Help with Meetings?

For up-to-date meeting information, download the "Meeting Guide" app!

