



OCTOBER 2021

# Manassas District News

MANASSAS DISTRICT WEBSITE  
[aamanassas.info/](http://aamanassas.info/)

Monthly District Meeting  
Second Tuesday, 7:00 p.m. **NOW ON ZOOM!!**  
All are Welcome!

**WE CELEBRATE!!**  
- ANNIVERSARIES -  
August—September  
2021

NAME	YEAR (S)
Tabitha R.	3
Makenzie L.	4
Joe C.	39
Kathy Z.	39

### District Officers 2021-2023

### Committee Chairs

<b>DCM:</b> David R.	<b>Archives:</b> John J./Sara J.
<b>ADCM:</b> Katie R.	<b>CPC/PI:</b> OPEN
<b>Treasurer:</b> Zach B.	<b>Corrections (M):</b> Cameron F./
<b>Secretary:</b> Sara J.	<b>Corrections (F):</b> Tammy V.
<b>Intergroup:</b> Makenzie L.	<b>Literature/GV:</b> Katie R.
	<b>Newsletter:</b> Sara J.
	<b>Treatment Ctrs:</b> OPEN

*If you don't drink, you won't get drunk  
Thank you for allowing us to serve!!*



### MESSAGE FROM YOUR DCM

#### "Staying in the Middle!"

- Get involved in AA service work.
- Be of service; "I get drunk, **we** stay sober."

Would you consider getting involved in your AA Homegroup?

AA meeting positions are available such as Chairperson, Secretary, Treasurer, Group Service Representative (GSR) and Greeter, and if your group hands out chips recognizing lengths of sobriety, become the group's "chip person" and my favorite, the group Coffee maker.

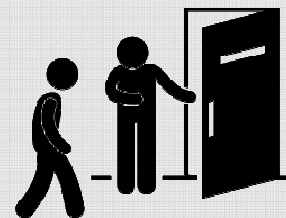
In addition, get involved in the District 33 committees. More help is needed. Positions are available; i.e., Public Information-Cooperation with Professional Communities committee is vacant. Also, some District members perform

two responsibilities as officers and committee chairpersons.; i.e., Literature/Grapevine and Archives.

Your help and participation are valuable and appreciated. Rotation of service positions allows others to be of service. Please consider helping with your time and talents.

The district is grateful for the members who serve and give their time helping Alcoholics Anonymous and the suffering alcoholic.

"Trust God  
(*your Higher Power*),  
clean  
house, and  
**help another alcoholic.**"



Alcoholics Anonymous  
Grand Central Station  
P.O. Box 459  
New York NY 10163  
[www.aa.org](http://www.aa.org)

Northern Virginia Intergroup  
10400 Eaton Place #140  
Fairfax, VA 22030-2225  
[www.nvintergroup.org](http://www.nvintergroup.org)

STARTING JAN 2021:  
Virginia Area Committee (VAC)  
VAC Treasurer  
P.O. Box 1127  
Fredericksburg, VA 22402  
[treasurer@aavirginia.org](mailto:treasurer@aavirginia.org)

Manassas District #33  
P.O. Box 1705  
Manassas VA  
20108-1705  
[www.aamanassas.info](http://www.aamanassas.info)



### Step Ten

Continued to take personal inventory and when we were wrong promptly admitted it.

### Tradition Ten

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

### Concept Ten for World Service

Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

## **Don't Anticipate**

We wear ourselves out unnecessarily when we spend our energy anticipating the future rather than living in the present. To anticipate bad things is obviously detrimental to our serenity. It is also needless, since most of the things we worry about never happen. Even if some of them do occur, it is easier by far to deal with real disasters than with imagined ones.

Anticipating future satisfactions can also be detrimental to our serenity. If we are living for an event or condition which is yet to come, we are not completely alive to what is here now. We may build up some future pleasure in our minds to such an unrealistic pitch that the actual event is bound to be disappointing.

Accepting the here and now is what ensures our sanity and our serenity. Reality is never more than we can manage, with the help of our Higher Power. It is our anticipation of the future which is unreal and dangerous.

*May I live today and leave the future to You.*

This inspiration is from [Food for Thought](#) - Quoted

## **UPCOMING EVENTS**

**Check website or see GSR for details**



VAC <https://aavirginia.org/events/>

<b>NVI's Virtual Board Meeting</b> 1st Monthly Tuesdays NVI Board of Directors Meeting - Fairfax, VA	<b>November 2, 2021 at</b> <b>7:30 PM – Hybrid</b> <b>Meeting</b>
<b>NVI Phone Training — Online Only</b> <a href="#">Phone Watch Training Virtual Meeting Information-Click Here</a> If interested or want more information, please contact <a href="mailto:phones@nvintergroup.org">phones@nvintergroup.org</a>	<b>First Saturday Of The Month</b>

<b>VAC</b>	
<b>November 2021</b>	
<a href="#">Sane and Sober for the Holidays (in a pandemic, part 2!)</a> Virtual, VA <a href="#">Find out more »</a>	November 13 @ 2:00 pm - 3:30 pm
<a href="#">SSAASA 6 Tampa Airport Marriott</a> , 4200 George J. Bean Parkway Tampa, FL 33607 <a href="#">Find out more »</a>	November 19 - November 21
<a href="#">Old Timers' Speakers Meeting</a> Virtual, VA <a href="#">Find out more »</a>	November 20 @ 6:00 pm - 8:00 pm
<a href="#">The Twelve Concepts Workshop</a> Virtual, VA <a href="#">Find out more »</a>	November 25 @ 7:00 pm - 8:00 pm
<b>December 2021</b>	
<a href="#">The Twelve Concepts Workshop</a> Virtual, VA <a href="#">Find out more »</a>	December 23 @ 7:00 pm - 8:00 pm
<b>September 2022</b>	
<a href="#">Elizabeth Furnace Group Campsite – George Washington and Jefferson National Forest</a> , 15618 Fort Valley Road Fort Valley, VA, 22652 <a href="#">Find out more »</a>	September 16, 2022 - September 18, 2022

## **NORTHERN VIRGINIA INTERGROUP (NVI)**

10400 Eaton Place, Suite 140  
Fairfax, VA 22030-2225

Telephone: 703-293-9753

Office Mgr.: 703-293-9757



## **INTERGROUP NEEDS PHONE VOLUNTEERS!**

Northern Virginia Intergroup Needs Phone Volunteers. If you have a year or more sobriety and could volunteer for as little as three hours a month, please

## **MEETING HELP**



For up-to-date meetings (in person and online), check the GSO Meeting Guide app downloaded from [aa.org](http://aa.org)

Also, check [nvintergroup.org](http://nvintergroup.org) or [aamanassas.info](http://aamanassas.info) or [aavirginia.org](http://aavirginia.org)



The Manassas District A.A. Newsletter is published monthly. Send items you wish to publish to Manassas District # 33, P.O. Box 1705, Manassas, VA 20108-1705 or email [hdsara@earthlink.net](mailto:hdsara@earthlink.net)