



Manassas District News

April 2021

MANASSAS DISTRICT WEBSITE
aamanassas.info/

Monthly District Meeting

Second Tuesday, 7:00 p.m. **NOW ON ZOOM!!**

All are Welcome!

WE CELEBRATE!! - ANNIVERSARIES - MARCH 2021

NAME	YEAR(S)
John H.	5
James B.	19
Chester H.	46

District Officers 2021-2023

Committee Chairs

DCM:	David R.	Archives:	Steve M.
ADCM:	Katie R.	CPC/PI:	OPEN
Treasurer:	Zach B.	Corrections (M):	Cameron F./
Secretary:	Sara J.	Corrections (F):	Sarah S.
Intergroup:	Kenzie L.	Literature/GV:	Katie R.
		Newsletter:	Sara J.
		Treatment Ctrs:	Sarah S.
		Website:	Jamie C.

*If you don't drink, you won't get drunk
Thank you for allowing us to serve!!*

No DCM Report this month

April 2021 | Fun in Sobriety



She's never seen an in-person meeting. A newcomer mom stays sober with her computer every single day

Deciding to get sober was not easy. It was especially hard in March of 2020 when the COVID pandemic closed everything—including meetings. I decided on Friday, March 13 that the following Monday would be the day. Plan in hand, I had the best last drinking weekend of my life. Up to then, I never had a care when I drank because there was always someone there to pick me up, clean me up and tuck me in. That someone was always my husband.

I had my first drink at the age of 13. I thought it tasted good, and boy, it made me talk like never before. However I did not continue to drink much after that. At 26, I got married and at 28 had my first of three children. This is when my drinking started to pick up. I began having wine with dinner regularly. My heavy drinking was reserved for parties with my family, which was quite often. We'd always be the first family to arrive and the last to leave. The only reason we would leave is because my husband and children would beg me to go home. Most times I would never remember the antics I pulled or what I had said. Honestly, I really did not care.

The next day was spent nursing my hangover in bed. My children thought—or so I thought—I was sick.

There were times I would vomit until I needed to go to the hospital for alcohol poisoning. I would often fall down, severely hurting myself. I went from drinking one glass of wine every night to drinking two or more bottles. My turning point was when my face and body began to swell tremendously. I knew that if I did not do something about my drinking I would die. That's when I decided that AA might help me.

But the day I set off to go to my very first AA meeting, everything closed down due to COVID. I was so lost and didn't know what to do. I tried to go on an online meeting, but I got yelled at (through typing) for speaking out of turn. I was so embarrassed I gave up. I spoke with my therapist, who gave me someone's phone number. Hesitantly, I called her and there began my journey with AA. She became my first sponsor.

I have to say, virtual AA meetings have changed my life. I am 200 days sober as I write this. I'm praying daily now and working my Steps. My sponsor is great. I have a home group (which I still have not seen in person). My anger has subsided, and I have respect from my husband and children again. I attend a virtual meeting every single day and I feel absolutely great. And starting today, I get to host a meeting for my home group once a week.

I've been through so much these past six months. Besides being locked in my house due to the pandemic and losing my job, the biggest thing I had to deal with was the loss of my best friend—my mom—



Alcoholics Anonymous
Grand Central Station
P.O. Box 459
New York NY 10163
www.aa.org

Northern Virginia Intergroup
10400 Eaton Place #140
Fairfax, VA 22030-2225
www.nvintergroup.org

STARTING JAN 2019:
Virginia Area Committee (VAC)
VAC Treasurer
P.O. Box 8624
Virginia Beach, VA 23450
treasurer@aavirginia.org

Manassas District #33
P.O. Box 1705
Manassas VA
20108-1705
www.aamanassas.info



Step Four

Made a searching and fearless moral inventory of ourselves.

Tradition Four

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

Concept Four for World Service

At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

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UPCOMING EVENTS
Check website or see GSR for details



VAC: <https://aavirginia.org/events/>
 NVI: <https://nvintergroup.org/nvi-area-events/>

VAC Upcoming Events

The Twelve Concepts Workshop

April 22 @ 7:00 pm - 8:00 pm

Virtual, VA

[Find out more »](#)

Living Sober Then and Now – Alexandria Districts Spring Workshop

April 24 @ 10:30 am - 1:30 pm

Virtual, VA

[Find out more »](#)

District 28 Spring Workshop

April 25 @ 1:00 pm - 4:00 pm

VIRTUAL, VA

[Find out more »](#)

The Twelve Concepts Workshop

May 27 @ 7:00 pm - 8:00 pm

Virtual, VA

[Find out more »](#)

STORY— continued from Page 1

who passed away from COVID in July. She was there with me in my virtual AA meeting when I first qualified. She had tears streaming down her face with joy and pride. It was a day I will never forget.

Even though I haven't been to a real live physical meeting, with the help of AA I got through all of this and stayed sober. Today I'm present in all my affairs. Thank God and this Fellowship for showing me this new path.

By Sandi R., Whitestone, N.Y.

AA Grapevine Magazine



NORTHERN VIRGINIA INTERGROUP (NVI)

10400 Eaton Place, Suite 140

Fairfax, VA 22030-2225

Telephone: 703-293-9753

Office Mgr.: 703-293-9757



INTERGROUP NEEDS PHONE VOLUNTEERS!

Northern Virginia Intergroup Needs Phone Volunteers. If you have a year or more sobriety and could volunteer for as little as three hours a month, please call. Monthly training.

MEETING HELP



For up-to-date meetings (in person and online), check the GSO Meeting Guide app downloaded from aa.org

Also, check nvintergroup.org or aamanassas.info or aavirginia.org for events as well.

The Manassas District A.A. Newsletter is published monthly. Send items you wish to publish to Manassas District # 33, P.O. Box 1705, Manassas, VA 20108-1705 or email hdsara@earthlink.net