Happy New Yea 2021 Manassas D		VARIAN EXAMPLE A CONTRACT OF A
MANASSAS DISTRICT WEBSITE aamanassas.info/		Monthly District Meeting Second Tuesday, 7:00 p.m. NOW ON ZOOM!! All are Welcome!
<i>WE CELEBRA</i> - ANNIVERSA December 2	RIES -	District Officers 2021-2023Committee ChairsDCM:David R.ADCM:Katie R.Treasurer:Zach B.Secretary:Sara J.Intergroup:Kenzie L.
NAME Katie L.	YEAR(S) 2	Treatment Ctrs: Sarah S. Website: Jamie C.
Marcus P. Nora F. Yvette G. Zach B.	2 2 6 8	If you don't drink, you won't get drunk Thank you for allowing us to serve!!
Danny S. Craig D. Margaret W. Donna S. Harold S. Rodney H.	12 14 22 23 25 31	Just a reminder: Please note that of January 2021, the VAC contributions address has changed. New info below.
Wayne H.	32	Thanks, <i>Your editor</i>

MESSAGE FROM YOUR DCM

Dear Friends,

Hello all, I would like to offer a big heartfelt **thank you** to those that made themselves available for service to Manassas District AA this past year, John J. DCM, Pati J. Treasurer, Kenzie L. Secretary & Intergroup Representative, and Sara J., the Manassas AA Newsletter editor. Thank you for your service to the District and your individual groups to all GSR and Treasurers.

I look forward to serving the Manassas District

and all of you volunteering on committees and District events.

The New Year brings many opportunities and challenges. I am thankful for the quote "One Day at A Time." I ask all to keep on keeping on "One Day at A Time" as we go forward.

We stay sober together.

Best,

David Reed DJREED6@AOL.COM

703.895.7353

Alcoholics Anonymous Grand Central Station P.O. Box 459 New York NY 10163 <u>www.aa.org</u>

Northern Virginia Intergroup 10400 Eaton Place #140 Fairfax, VA 22030-2225 www.nvintergroup.org STARTING JAN 2021: Virginia Area Committee (VAC) VAC Treasurer P.O. Box 1127 Fredericksburg, VA 22402 <u>treasurer@aavirginia.org</u>

Manassas District #33 P.O. Box 1705 Manassas VA 20108-1705 www.aamanassas.info

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Step One



We admitted we were powerless over alcohol-that our lives had become unmanageable.

Tradition One

Our common welfare should come first; personal recovery depends upon A.A. unity.

Concept One for World Service

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

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"Real generosity toward the future consists in giving all to what is present." Albert Camus



Much of the gratitude I talk about needs to be centered in what I do with today. I consciously focus on the present, rather than procrastinating for the future. As a sick alcoholic, I either lived in the guilt of yesterday or the fear of tomorrow. I missed the reality of the present. The present moment is all I have. Through this moment, I live, breathe, and have my existence! My understanding of prayer is centered in the present moment because any understanding of relationship and communication, especially with God, must begin from where I am, rather than where I would like to be. Spirituality is the reality of the moment.

Spirit of the universe, thank You for the life I experience in the moment.

Say yes to your life : daily meditations for alcoholics and addicts ©2008 Leo Booth. All rights reserved. Health Communications, Inc.

InTheRooms Daily Meditation - June 24, 2020

MEETING HELP

For up-to-date meetings (in person and online), check the GSO Meeting Guide app downloaded from aa.org

Also, check nvintergroup.org or aamanassas.info or aavirginia.org for events as well.

UPCOMING EVENTS

Check website or see GSR for details



VAC https://aavirginia.org/events/ NVI: https://nvintergroup.org/nvi-area-events

☆□☆□☆□ New Upcoming Events ☆□☆□☆□		
ON NVIG WEBSITE : District 45 Semi-Annual Celebration Virtual Event, 6:30 PM	Sat., January 23, 2021	
ON VAC WEBSITE: Concept of the Month. Host: Dis- trict 14 Norfolk VIRTUAL - 4th Wednesday of each month https://aavirginia.org/wp-content/ uploads/2021/01/ ConceptsWrkshp.pdf	Wed., January 27, 2021 @ 7:00- 8:00p.m. (Ongoing)	
ON NVIG WEBSITE North Arlington Group 77th Anniver- sary Celebration, Virtual Event, 8:30 PM https://aavirginia.org/wp-content/ uploads/2021/01/2021-02-27- DISTRICT-24-WORKSHOP-1.pdf	Fri., January 29, 2021	
ON NVIG WEBSITE NVI Board of Directors Meeting – Fairfax, VA 1st Monthly Tuesdays at 7:30 PM - meeting Virtual only until further notice	Next Meeting: Tues Feb. 2, 2021	
ON NVIG WEBSITE NVI Phone Training – Online Only. If interested, please contact <u>phones@nvintergroup.org</u>	Ongoing	
ON VAC WEBSITE <u>Service Structure Workshop</u> <u>VIRTUAL</u> , VA For more info: <u>https://aavirginia.org/wp-content/</u> <u>uploads/2021/01/2021-02-27-</u> <u>DISTRICT-24-WORKSHOP-1.pdf</u>	Sat., February 27 10:00 am - 12:00 pm	
ON VAC WEBSITE VAC Spring Assembly 2021 March 19 @ 5:00 pm - March 21 @ 12:00 pm	Fri. Mar. 19, – Sun. Mar. 21, 2021	

NORTHERN VIRGINIA INTERGROUP (NVI) 10400 Eaton Place, Suite 140 Fairfax, VA 22030-2225 Telephone: 703-293-9753 Office Mgr.: 703-293-9757



INTERGROUP NEEDS PHONE VOLUNTEERS!

Northern Virginia Intergroup Needs Phone Volunteers. If you have a year or more sobriety and could volunteer for as little as three hours a month, please call. Monthly training.

The Manassas District A.A. Newsletter is published monthly. Send items you wish to publish to Manassas District # 33, P.O. Box 1705, Manassas, VA 20108-1705 or email hdsara@earthlink.net