





MANASSAS DISTRICT WEBSITE aamanassas.info/

Monthly District Meeting
Second Tuesday, 7:00 p.m. NOW ON ZOOM!!

All are Welcome!

If you want your anniversary posted in the newsletter and you don't see it here, just let me know! Email me or your DCM. We'd love to celebrate with YOU!! — The Editor

District Officers 2019-20

Committee Chairs

DCM: John J.
ADCM: OPEN
Treasurer: Pati J.
Secretary: Kenzie L.
Intergroup: Kenzie L.

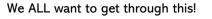
Archives: Steve M. Yvette G. Corrections (M): Cameron F./ Corrections (F): Sarah S. Literature/GV: Katie R. Newsletter: Sara J. Treatment Ctrs: Sarah S. Website: John W.



If you don't drink, you won't get drunk
Thank you for allowing us to serve!!

n these uncertain times, while the pandemic is raging, please let's all be considerate of each other.

WEAR A MASK OR FACE COVERING AT ALL INSIDE MEETINGS!!





MESSAGE FROM YOUR DCM

INTERGROUP, SERVICE STRUCTURE AND SELF-SUPPORT

Dear Friends!

Here is something I found out recently which I want to share with you. At one of the VAC Fall Assemblies, it was pointed out that intergroups, while being an often vital part of "passing the message," are not a part of the AA/GSO service structure!

A longtime sober friend called recently (she was very involved in service in Manassas but has since left the area and is newly back as an IGR where she lives now), and had learned at the latest NVI Board Meeting that Northern Virginia Intergroup (NVI) was in some financial trouble due to decreased donations and chip/literature sales and that NVI had decided, after massive research and much group soul-searching, to apply for the government PPP loan. They decided, also getting district feelings on this, that if they did apply for the loan, they would pay it back in full according to our

7th tradition, to be "fully self-supporting."
Our friend wanted to know some background on this decision and was concerned that all the traditions/ spiritual principles were followed, so I informed her that there was literature stating that "intergroups should follow the traditions and spiritual principles of AA." This is from the AA Guidelines: https://www.aa.org/assets/en_US/mg-02_centralorinter.pdf
As I mentioned, she has longtime good sobriety and had never learned that intergroups were not a part of the service structure! I sent her a link to an AA pamphlet that helps explain this. You may find this info helpful as well. https://www.aa.org/assets/en_us/smf-116 en.pdf

Did you know that there is actually a committee on the VAC called "Cooperation with Intergroups?" I sat in on one of their committee meetings by zoom and it was quite enlightening! I even learned that some districts have their own "intergroups" made up from sober members within their district – they often have a hotline, a 12-step list, and literature/chips which they make available to sober groups and individuals, though they might not be as formally organized as

Alcoholics Anonymous Grand Central Station P.O. Box 459 New York NY 10163 www.aa.org Northern Virginia Intergroup 10400 Eaton Place #140 Fairfax, VA 22030-2225 www.nvintergroup.org STARTING JAN 2019:
Virginia Area Committee (VAC)
VAC Treasurer
P.O. Box 8624
Virginia Beach, VA 23450
treasurer@aavirginia.org

Manassas District #33 P.O. Box 1705 Manassas VA 20108-1705 www.aamanassas.info







DCM Report (cont'd from page 1)

our own Northern VA Intergroup. A listing of these intergroups in VA is on the VAC website. They are still carrying the message!

Another point I want to make is that NVI is not there to make money – just to stay solvent enough to help carry the message to the alcoholic who still suffers. But they have to have, as any business does, money to pay the rent, the office manager's salary, supplies, and cover all other business expenses. So you can think of the money that NVI takes in as a "prudent reserve."

Some of you have probably seen an info sheet that our dear Jim Carter put out listing everything that NVI does – and it's a lot! So, although they are not formally a part of the AA service structure, they do a lot for the still-suffering and recovering alcoholic and we would do well to remember that and support them. This means financially as well. We are very lucky that we have NVI and that every group in our district does not have to go through the process of ordering lit/chips from GSO in NY – we can just go up to Fairfax and get what we need!

NVI maintains a phoneline help service so our district and groups don't have to have a separate one. They are always in need of volunteers. The phone line can often be transferred to your home. (See below.)

I hope this has given you some things to think about — I have certainly learned a lot and intend to keep on doing so. A good place to start is on the internet, where all the AA info is — guidelines on everything from self-support to safety at meetings, and numerous pamphlets ranging from sponsorship to the different committees. You can even find the Virginia Service Manual on the VAC website! (a little light reading



AUGUST 2020	
Delegate Share with Fredericksburg & Woodbridge. (ZOOM)	August 15, 2020
International Conference, Detroit, Michigan, 2-5 July 2020, Online at: https://2020convention.aa.org/	Online through July and August
VAC Fall Assembly – on ZOOM. Go to VAC webpage and find the link to sign up. Follow directions.	9-11 October 2020
VAC ONLINE WORKSHOPS Check VAC website:	
Inventory town hall	August 16 & 30
Corrections	October18
Growth (hybrid)	October 24

MEETING UPDATE REMINDER

As meetings return to physical locations, please ensure your meeting information is correct on the <u>aavirginia.org</u> website so it will also appear correct on the Meeting Guide app.

Thank you for your service.

Also please let info@nvintergroup.org know as well!

Thank you for keeping us informed!

From NVIG Unity Lifeline Newsletter July 2020



Step Eight

Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition Eight

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

Concept Six for World Service

The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

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before bedtime?)

I hope to always remain curious and passionate about sobriety and all things sober. Hope you will too!

In love and service,

John J. jj26june@earthlink.net

n these uncertain times, while the pandemic is raging, please let's all be considerate of each other.

WEAR A MASK OR FACE COVERING!!
We ALL want to get through this!



NORTHERN VIRGINIA INTERGROUP (NVI) 10400 Eaton Place, Suite 140 Fairfax, VA 22030-2225

Telephone: **703-293-9753** Office Mgr.: **703-293-9757**



INTERGROUP NEEDS PHONE VOLUNTEERS!

Northern Virginia Intergroup Needs Phone Volunteers. If you have a year or more sobriety and could volunteer for as little as three hours a month, please call. Monthly training.

The Manassas District A.A. Newsletter is published monthly. Send items you wish to publish to Manassas District # 33, P.O. Box 1705, Manassas, VA 20108-1705 or email hdsara@earthlink.net/hdsara@earthlink.net/