



MARCH 2020

Manassas District News

MANASSAS DISTRICT WEBSITE
aamanassas.info/

Monthly District Meeting
Second Tuesday, Bethel Lutheran Church 7:00 p.m.
All are Welcome!

WE CELEBRATE!!
- ANNIVERSARIES -
FEBRUARY 2020

NAME	YEAR(S)
Keith S. (Jan 2020)	13
James B.	18
Chester H.	45
TOTAL:	76

District Officers 2019-20

Committee Chairs

- | | |
|-----------------------------|-------------------------------------|
| DCM: John J. | Archives: Steve M. |
| ADCM: John W. | CPC/PI: Yvette G. |
| Treasurer: Pati J. | Corrections (M): Cameron F./ |
| Secretary: Kenzie L. | Corrections (F): Sarah S. |
| Intergroup: Kerri M. | Literature/GV: OPEN |
| | Newsletter: Sara J. |
| | Treatment Ctrs: Sarah S. |
| | Website: John W. |

*If you don't drink, you won't get drunk
Thank you for allowing us to serve!!*

MESSAGE FROM YOUR DCM

Dear Friends,

There are a couple of upcoming events to highlight at this time - see the list of events in this newsletter or go to our website (aamanassas.info)

On Saturday, March 21, Woodbridge is having their movie night; they are presenting a good old movie about alcoholism; consider going to support other districts around us. There's lots to do to have fun and fellowship in sobriety!

The Spring Assembly is coming up April 3-5, in Chesapeake, VA. All GSRs and, for that matter, anyone may attend to see what goes on at a state-level assembly. The energy is amazing! The main concern will be addressing items that our Virginia Delegate, Barb D., will be taking to the General Service Conference in New York later on this Spring. This is where your group can weigh in with its ideas and thoughts on these items - see your GSR for more information. For instance, there are two separate proposals for a 5th edition of the Big Book. It helps to bring an open mind to these discussions and remember the concept of "contempt prior to investigation." The Serenity Prayer helps, too.

Saturday, April 25 in Manassas is an AA Day: we will be having our Spring Spiritual Tune-up in the morning

through lunch, and then in the evening is the 31st Anniversary eating meeting of the Buckhall Groups. More to come on both these events.

Another item of concern is our response to the corona-virus. What we do in our groups is up to each group; groups will want to have discussions as to how best to ease anxieties about this health threat, especially in closing. Closing in a manner in which we don't hold hands may become our "new normal," at least for a while. We should not diminish the possibility of the spread of this virus, but then again, during every flu season we should all be taking necessary precautions not to spread the flu ourselves. I ask that you familiarize yourselves with these precautions.

Bethel Lutheran Church has sent a letter to its members about changes being implemented in its services, and there may be a letter forthcoming to ALL groups that meet at Bethel. Simple hand-washing much more than we usually do and using hand sanitizers (especially non-alcohol sanitizers) can go a long way to us protecting each other. I'm sure there will be more to come on this. Please do not stop coming to meetings unless you are sick! And DO stay in touch with your fellow members by text or email or phone if you feel uneasy coming to meetings. We need to stay connected!

John J.

Alcoholics Anonymous
Grand Central Station
P.O. Box 459
New York NY 10163
www.aa.org

Northern Virginia Intergroup
10400 Eaton Place #140
Fairfax, VA 22030-2225
www.nvintergroup.org

STARTING JAN 2019:
Virginia Area Committee (VAC)
VAC Treasurer
P.O. Box 8624
Virginia Beach, VA 23450
treasurer@aavirginia.org

Manassas District #33
P.O. Box 1705
Manassas VA
20108-1705
www.aamanassas.info



Step Three

Made a decision to turn our will and our lives over to the care of God as we understood Him.

Tradition Three

The only requirement for A.A. membership is a desire to stop drinking.

Concept Three for World Service

To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

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UPCOMING EVENTS

Check website or see GSR for details



Phone Training: Call to duty for volunteers; learn to man the NVIG Hotline @ NVIG Office	1st Saturdays Monthly 10:00 AM
NOVA Intergroup Open House, Fairfax, VA 11am – 2pm (Phone training @ 10am)	Saturday March 21, 2020
MOVIE NIGHT District 28, Woodbridge. Setup starts at 6:30PM, movie teaser at 7PM	Saturday, March 21, 2020
Get INVOLVED! Should we have a 5th Edition of the Big Book? Should the Grapevine include scientific studies about alcoholism? Use your voice in Arlington 1:30pm – 3pm	Saturday, March 28, 2020
Serenity Weekend Clarion Hotel , 3032 Richmond Rd., Williamsburg, VA 23185	Fri- March 20 - Sun March 22, 2020
Vienna District College and Recovery Workshop, Oakton, VA; all are welcome 10am – 12pm	Saturday April 4, 2020
NOVA Intergroup 60th Anniversary celebration, Burke, VA 6 - 10pm	Saturday, April 18, 2020
ADC Volunteer orientation, Manassas 8am – 11am	Saturday, April 18, 2020
Woodbridge Gp 52 nd Anniversary at “G St.” (St. Paul’s UMC), Woodbridge, VA – 6:30 PM	Friday, April 24, 2020
Buckhall 31 st Anniversary, Potluck, Eat and Meet, Dinner, Raffle, Speaker - 6pm-9:30pm	Saturday, April 25, 2020
Service Work form	

We're All Capable of Possessing Wisdom



Twelve Step meetings seem to be a gathering place for the truly wise. We can't be sure at first what it is these people have, but we know we want it too.

Attending meetings, reading Twelve Step literature, and choosing a sponsor who has a program we admire will change how we think and live daily. We'll learn, as our sponsors have learned before us, to keep our focus on the little things we can improve. We'll learn, as they have, to let go of others, letting God be in charge. We'll learn, as they have, to live just for today. And then we'll realize that we are beginning to have what these wise people have.

By following their example, we'll begin to appear wise, peaceful, and hopeful to newcomers. All of us can attain this quality if we really want it.

Today I can be as wise as the ones I admire. I now have a blueprint to follow. I'll start by keeping my focus small and my thinking simple.

This inspiration is from [A Life of My Own](#)

Quoted from the app [Inspirations](#).

NEW MEETINGS / CHANGES MEETINGS NEEDING SUPPORT

SATURDAY NITE GROUP at Trinity (7:00pm Saturday) NEEDS YOUR SUPPORT! Meeting is in danger of folding! One of the oldest meetings in Manassas!! Trinity Episcopal Church, Manassas, VA

NORTHERN VIRGINIA INTERGROUP (NVI)
10400 Eaton Place, Suite 140
Fairfax, VA 22030-2225

Telephone: 703-293-9753
Office Mgr.: 703-293-9757



INTERGROUP NEEDS PHONE VOLUNTEERS!

Northern Virginia Intergroup Needs Phone Volunteers. If you have a year or more sobriety and could volunteer for as little as three hours a month, please call. Monthly training.

The Manassas District A.A. Newsletter is published monthly. Send items you wish to publish to Manassas District # 33, P.O. Box 1705, Manassas, VA 20108-1705 or email hdsara@earthlink.net