



JANUARY 2020

Manassas District News

MANASSAS DISTRICT WEBSITE
aamanassas.info/

Monthly District Meeting

Second Tuesday, Bethel Lutheran Church 7:00 p.m.
All are Welcome!

WE CELEBRATE!! ANNIVERSARIES - DECEMBER/JANUARY 2020

NAME	YEAR(S)
Katie L.	1
Marcus P.	1
Nora F.	1
Yvette G.	5
Danny S.	11
Craig D.	13
Margaret W.	21
Donna S.	22
Harold S.	24
Rodney H.	30
Wayne H.	31

District Officers 2019-20

DCM: John J.
ADCM: OPEN
Treasurer: Pati J.
Secretary: Kenzie
Intergroup: OPEN

Committee Chairs

Archives: Steve M.
CPC/PI: Yvette G.
Corrections: Cameron F.
Literature/GV: OPEN
Newsletter: Sara J.
Treatment Ctrs: Sarah S.
Website: John W.

*If you don't drink, you won't get drunk
Thank you for allowing us to serve!!*



Happy New Year

MESSAGE FROM YOUR DCM

Dear Friends,

A new year! A new month! A new day! I write with sadness but with hope. Most of you have heard that Jim Carter passed away on Christmas Day. He was and is an example of "pass it on, give it away, service work, helping another alcoholic" - what our Primary Purpose is. As he was fond of saying, the way to keep from falling off the edge is to stay in the middle - and service work will keep you in the middle.

A true leader leads by example. Although we may try to emulate a leader who we admire, we must each be our own example of leadership. I have just returned from the VAC Winter meeting, where we set the agenda and workshop topics for the Spring Assembly that will take place 3-5 April 2020, in Chesapeake, VA. And, for our DCM sharing session, the topic was leadership. In my sharing at the meeting I read those first two sentences, as I had started this message before knowing the subject of our share; I highlighted the breadth of service work

that Jim had been doing, and I said that we all need to do service work on levels we are comfortable with, maybe some that we might not be so comfortable with, and each do our part. Our service work ensures that meetings are here for the next alcoholic that walks through the door - suffering or not - and ensures that AA will be here for those yet to come that will need this spiritual program.

We have a Responsibility Statement, and we also have a Declaration of Unity: *This we owe to A.A.'s future: To place our common welfare first, To keep our Fellowship United, For on A.A. Unity depend our lives and the lives of those to come.* And our unity comes through service work.

AA's spiritual program gives us strength to get through the worst days and helps us to celebrate our best.

Thank you for the service you do, and, thank you for letting me be of service.

John J., jj26june@earthlink.net

Alcoholics Anonymous
Grand Central Station
P.O. Box 459
New York NY 10163
www.aa.org

Northern Virginia Intergroup
10400 Eaton Place #140
Fairfax, VA 22030-2225
www.nvintergroup.org

STARTING JAN 2019:
Virginia Area Committee (VAC)
VAC Treasurer
P.O. Box 8624
Virginia Beach, VA 23450
treasurer@aavirginia.org

Manassas District #33
P.O. Box 1705
Manassas VA
20108-1705
www.aamanassas.info



Step One

We admitted we were powerless over alcohol—that our lives had become unmanageable.

Tradition One

Our common welfare should come first; personal recovery depends upon A.A. unity.

Concept One for World Service


Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

Reprinted with permission of A.A. World Services Inc.

UPCOMING EVENTS

Check website or see GSR for details



Winter Bi-Annual Celebration, Alexandria, VA	January 18, 2020
PWC Adult Detention Center Volunteer Orientation Training, Manassas	January 25, 2020
A Weekend of Spiritual Discovery, Loyola on the Potomac, Newburg, MD	February 7-9, 2020
Manassas District Movie Night 	February 8, 2020
Loudoun District Day of Sharing, Ashburn	February 22, 2020
Fairfax District Pancake Breakfast, Fairfax	February 28, 2020
Movie Night, Woodbridge	March 21, 2020

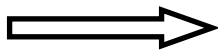
Around the Tables



AROUND THE TABLES, acceptance of our own alcoholism is sometimes talked about as though all it required was accurate clinical or experimental observation. From countless newcomers, I hear stories replete with devastating evidence of their alcoholism. Yet, after a while, some go out and try to drink "once again" in a manner that obviously has been foreign to them from the start.

Intellectually, the admission is freely and often gleefully given. But, alas, intellect alone is insufficient to rid oneself of the negative effects of alcoholism. The acceptance that is tantamount to a happy, sober life must be in the heart or the subconscious. To obtain this acceptance *knowingly*, one need only turn to the fifth chapter of the Big Book and use the marvelous aid given there: "(c) *That God could and would if He were sought.*" Seeking God to help me accept my alcoholism made the path much easier for me.

In the very beginning, as I read the First Step, I could see the unmanageability of my life, but accepting alcoholism as a contributing factor was more



STORY, cont'd

difficult. Yet, in a reasonably short time, things changed--because I applied good old (c) to *all* my affairs. Acceptance can be not only easy, but gratifying. Like so much else, it is based on going to God first and foremost in all things. Truly, (c) is the most practical method of living, stated in concise form. It is what the mystics tried to find in diverse esoteric ways. Dr. Bob said, "Keep it simple," and isn't that just what (c) is? It's simple, practical, and full of power.

From the Grapevine Magazine, May 1975.

NEW MEETINGS / CHANGES

NO CHANGES WERE REPORTED.

NORTHERN VIRGINIA INTERGROUP (NVI)

10400 Eaton Place, Suite 140

Fairfax, VA 22030-2225

Telephone: 703-293-9753

Office Mgr.: 703-293-9757



INTERGROUP NEEDS PHONE VOLUNTEERS!

Northern Virginia Intergroup Needs Phone Volunteers. If you have a year or more sobriety and could volunteer for as little as three hours a month, please call. Monthly training.

The Manassas District A.A. Newsletter is published monthly. Send items you wish to publish to Manassas District # 33, P.O. Box 1705, Manassas, VA 20108-1705 or email hdsara@earthlink.net